

Dear teachers, colleagues and students,

In addition to the information in our hygiene concept (here notably the handouts: what do I do if I have had direct contact with a person who has tested positive for Covid-19? see Annex 1) we would like to pass on the following information:

Teachers and students who have been in contact with a person who has tested positive for Covid-19 two days before and up to 10 days after testing or the appearance of symptoms are encouraged to check the following:

- did I have face contact with an infected person for more than 15 minutes, at a distance of less than 1.5 metres (e.g. in a conversation, when kissing, coughing), without a mask that covers my nose and mouth?
- have I been in a room without adequate ventilation for more than 30 minutes, in which the infected person has also previously spent time celebrating, singing, doing sports (high concentration of infectious aerosols)?

If one of these two questions applies to you, you will receive a quarantine request from the public health department as a category I contact person. However, due to the current rate of infection, it can be assumed that the public health department will give a delayed response. For this reason, we recommend that the relevant contact persons first isolate themselves voluntarily, even without a quarantine request from the public health department. This means that after contact as described above with a person who has tested positive, digital lessons should take place or the corresponding lessons from this time should be caught up with later. If you want to catch up on lessons later, please note the information in the timetable (<https://www.hfmd.de/studium/rahmenzeitplan/>).

In this way, we would like to create a time buffer that allows you to plan for a delayed notification from the public health department or to contact the public health department yourself during this time. If your self-assessment as a category I contact person is not confirmed after contact with the public health department, lessons can be resumed in person.

In our experience, strict adherence to our hygiene concept does not lead to classification as a category I contact person. The aim of the hygiene concept is to prevent infection with the coronavirus in the event of an as yet undiscovered infection. Therefore, the contact situation must be examined and does not inevitably lead to a necessity to stay away from the University.

Kind regards,

The Rectorate of HfM Dresden

What do I do if I have had direct contact with a person who has tested positive for Covid? (two days before and up to 10 days after test or the appearance of symptoms)

- I have had face contact with an infected person for **more than 15 minutes**, at a distance of **less than 1.5 metres** (e.g. in a conversation, when kissing, coughing), **without a mask that covers my nose and mouth**
- I have been in a room without adequate ventilation for more than 30 minutes, in which the infected person has also previously spent time celebrating, singing, doing sports (high concentration of infectious aerosols)

Category I

Increased risk of infection

- Registration by name with the public health department
- Transfer of information about infection
- Quarantine at home after risk assessment by the public health department
- Regular contact with the public health department
- If symptoms occur – note other contact persons
Test other contacts with symptoms/ without symptoms = decision made on a case-by-case basis

- I had face contact with an infected person for **less than 15 minutes**, at a distance of **less than 1.5 metres** (e.g. in a conversation, when kissing, coughing), **without a mask that covers my nose and mouth**
- I have been in a room without adequate ventilation for less than 30 minutes, in which the infected person has also previously spent time celebrating, singing, doing sports (high concentration of infectious aerosols)

Category II

Low risk of infection

- No registration with the public health department
- Optional transfer of information about encounter
- If symptoms appear = contact the public health department immediately
- Test symptomatic contact persons

If you have had contact with a person who has tested positive for Covid at a distance of more than 1.5 metres while wearing a mask that covers the nose and mouth, there is usually an unclear risk of infection without any immediate need for action!

